

Grandparents As Faith Mentors Self-Assessment for Faith Practice 4 Rituals & Traditions

A. I practice some new, personal customs or rituals during seasons of the Church Year

Often 1	Occasionally 2	Seldom 3	Rarely/Never 4
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B. I still practice several family customs/rituals that I learned from my family when I was young.

Often 1	Occasionally 2	Seldom 3	Rarely/Never 4
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C. I share with my grandchild(ren) and friends new, customs that I do that connect my life with God

Often 1	Occasionally 2	Seldom 3	Rarely/Never 4
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D. I have been passing onto my grandchild(ren) family customs/rituals that connect our lives with God

Often 1	Occasionally 2	Seldom 3	Rarely/Never 4
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E. I tell stories or send pictures to my grandchild(ren) of their faith milestones (baptism, first day of Sunday school, Christmas pageant, confirmation, wedding, etc.)

Often 1	Occasionally 2	Seldom 3	Rarely/Never 4
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F. I share stories or pictures of faith milestones in my life with my grandchild(ren)

Often 1	Occasionally 2	Seldom 3	Rarely/Never 4
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G. I share pictures and/or stories with my grandchild(ren) of the faith milestones of her or his parents

Often 1	Occasionally 2	Seldom 3	Rarely/Never 4
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H. My grandchild(ren) contacts me to learn more about faith and our family customs

Often 1	Occasionally 2	Seldom 3	Rarely/Never 4
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I. I have discussed with my grandchild(ren) our family customs/rituals in preparing for Holy Communion

	Often 1	Occasionally 2	Seldom 3	Rarely/Never 4
J.	My favorite season time of the Church to connect with my grandchild(ren) is			
	Advent/Christmas 1	Epiphany 1	Lent/Easter 1	Pentecost 1

Instructions

Circle the answer that is most appropriate. When you have finished all the self-assessment, total the number that you have circled. If your total is less than 15, keep doing what you are doing with your grandchild(ren). It is important for faith formation. If your total is 15-20, note what things you could do to improve. If your total is more than 20, this is one of the key faith practices that you should find ways to practice more.