

How Well Do You Know Your Teen? Parent Worksheet

As parents, we sometimes are so busy taking care of our children's physical needs that we lose track of some of the details of their lives. This activity will help to make you aware of how much -or how little- you know about your son or daughter.

Directions: See how many of the following you can answer. Don't be surprised if you get stumped along the way. Ask you son or daughter to fill out the worksheet "How Well Do You Know Your Parent?" at the same time. When you are finished, exchange and correct each other's worksheets.

1. What is your daughter's/son's favorite game or sport?
2. What is your daughter's/son's height (within one inch)?
3. Who is your daughter's/son's closest friend?
4. If your daughter/son could do anything he/she chooses for a day, what would it be?
5. What is your daughter's/son's favorite color?
6. What was the last movie your daughter/son saw?
7. What is your daughter's/son's favorite thing to do after school?
8. What is your daughter's/son's favorite dinner?
9. Would your daughter/son rather ride a bike, ride a horse, or ride in a car?
10. Who is your daughter's/son's favorite singer or musical group?
11. If your daughter/son had a choice to buy a pet, what would it be?
12. Which would your daughter/son rather do: wash dishes, mow the lawn, clean her/his room, or vacuum the house?
13. Do your daughter's/son's friends call her/him by a nickname? If so, what is it?
14. In the evening, would your child rather play a game with the family, go visit a relative, or read in her/his room?
15. What was the last problem you daughter/son came to talk to you about?
16. What gift would your daughter/son most like to receive?
17. What does your daughter/son do that they are most proud of?

Summary: If you get more than 15 right, congratulations! You really know your daughter/son! From 11-15? Not bad, but try to pay a little more attention. Fewer than 11? Better spend a little time catching up on what's new with your child.

Note: In the future, you might enjoy making up another "How Well Do You Know Your Parent?" test for your child to take, and ask them to make up another "How Well Do You Know Your Son/Daughter?" test for you to take.